

Notice on COVID-19 Vaccination

What you find in this envelope (please make sure that all the documents are enclosed)

- ① Coupon (vaccination tickets)
- ② Prevaccination screening questionnaires – 2 sheets
- ③ Priority vaccination for people with pre-existing conditions
- ④ Instructions for COVID-19 vaccination
- ⑤ Precautions after receiving COVID-19 vaccine (manufactured by Pfizer)
- ⑥ Cautions to the people who are taking anticoagulant
- ⑦ Transportation to the vaccination site (“free ticket for bus/train” on the reverse side)



Miyako city will start COVID-19 vaccination in July for people under 65 years of age. We send you herein coupons and other documents since you are eligible for vaccination. The period in which you can make a reservation differs depending on age groups, etc., as follows.

Vaccination will be given by appointment only in order to prevent infection. Keep your coupon until you complete your vaccinations.

I Outline

- (1) **Eligible people:** People over 12 years of age (born before the end of June, 2009) who have registered address in Miyako City
 - ※ To those who turn 12 years old, the coupons and other documents will be sent in the month following their birthdays.
- (2) **Vaccination period:** From July 2021 to the end of February 2022 (subject to change depending on vaccine supply, etc.)
- (3) **Fees:** Free of charge
- (4) **Things to bring when you receive vaccine**
 - ① Coupon
 - ② Prevaccination screening questionnaire (please fill out the form in advance)
 - ③ Identification document (residence card)
 - ④ Prescription record which shows the medicine you are taking

2 Categories, reservation start dates, and vaccination start periods

(1) Reservation and vaccination start dates

Category (age, etc.)	Reservation starts	Vaccination starts
People with pre-existing conditions	July 12 th (Mon), 9:30 a.m.	Mid-July
People who work at school, kindergarten, child rearing facility	July 15 th (Thu) 9:30 a.m.	
People between 16 and 19 years old		
People engaged in passenger transportation service		
People engaged in hotel business / food		

service		
People between 50 and 64 years old	July 29 th (Thu) 9:30 a.m.	Early August
People between 20 and 49 years old	Aug. 19 th (Thu) 9:30 a.m.	Late August
Sixth graders in elementary school and junior high school students		

※The above schedule is subject to change depending on vaccine supply, etc.

(2) Priority vaccination for people with pre-existing conditions

People with pre-existing conditions are eligible to priority vaccination since they are at high risk of developing serious complications of COVID-19. For details, please look at the enclosed “Priority vaccination for people with pre-existing conditions”.

(3) Other types of priority vaccination


People who work at school, kindergarten, child rearing facility, and people engaged in passenger transportation service / hotel business / food service, are eligible to priority vaccination. They will be contacted through their workplace.



3 How to make a reservation

You need to make a reservation to receive vaccine.


Reservation method differs depending on medical institutions. Choose a medical institution from the list below, make sure the reservation category, and make a reservation according to the following methods.

The reservation for the second dose will be made just after the first dose is given, at the vaccination site. **In case of the vaccine made by Pfizer, the second dose will be given 3 weeks after the first dose (on the same day, around the same time).** When you make a reservation for the first dose, please see if the date for the second dose suits you.

Reservation category	Reservation method	
Reservation center or Internet	<u>【Method 1】 Call the reservation center</u> 1 Have this notice, coupon, envelope, and a pen ready 2 Call the reservation center TEL: 019-606-8053 It's open from 9:30 a.m. to 6:30 p.m. every day, including Saturdays, Sundays and public holidays. 3 Tell your coupon number, name, date of birth, preferred vaccination site, date and time to the operator. 4 Once your reservation has been made, write the date and time on the envelope. Please don't write them with the prevaccination screening questionnaires in the envelope.	
		<u>【Method 2】 On the Internet</u> Read the QR code on the right, and make a reservation on the linked site. You can find the link also on the Miyako City Official Website. (Precautions when you make a reservation on the

	<p>reservation website)</p> <ul style="list-style-type: none"> ● You cannot log in the website before the reservation start date. ● To log in for the first time, you need your coupon number and date of birth. ● To log in for second and subsequent times, you need your password which you will set when you log in for the first time. ● Write your password down in order not to forget it. ● If you have forgotten your password, you will need to reset it. Call the reservation center and ask them to rest it. 	
<p>Reservation phone number of medical institution</p> 	<p><u>【Method】 Call the reservation phone number of medical institution</u></p> <ol style="list-style-type: none"> 1 Have this notice, coupon, envelope and a pen ready. 2 Call the reservation phone number of a medical institution. 3 Tell your name, date of birth, and preferred vaccination date and time. 4 Once your reservation has been made, write the date and time on the envelope. Please don't write them with the prevaccination screening questionnaires in the envelope. 	
<p>Reception of medical institution</p> 	<p><u>【Method】 Make a reservation at the reception of medical institution</u></p> <p>Ask directly at the reception of medical institution when you see a doctor.</p> <p>※ Please refrain from calling them because they are providing not only vaccination but also routine medical care.</p>	

4 List of medical institutions where you can get COVID-19

Reservation category	Medical institution (address)	Day and time of vaccination	Note
Reservation center or Internet 	Miyako Civic Center (Eastpia Miyako) (1-1-30 Miya-cho)	(Morning) Sat: 9:00-11:00 (Afternoon) Mon-Sat: 14:00-17:00 ※14:00-18:00 from August	You can use free ticket for bus/train
	Ohuchi Gastrointestinal Medicine Clinic (1-8 Tateai-cho)	(Morning) Mon-Sat: 10:30-11:30 (Afternoon) Mon, Tue, Wed, Fri: 16:00-17:00	
	Okada Surgical Internal Medicine Clinic (2-5-10 Mita)	(Morning) Mon-Fri: 10:00-11:30 (Afternoon) Tue, Wed, Fri: 14:00-15:30	
	Kawarada Pediatric Clinic (2-7-72 Koyamada)	(Morning) Mon-Sat: 10:00-10:30, 11:00-11:30 (Afternoon) Mon, Tue, Thu, Fri: 15:00-15:30	
	Kumasaka Internal Medicine Clinic (10-31 Wami-cho)	(Morning) none (Afternoon) Mon-Thu: 13:45-14:45	
	Toyoshima Clinic (8-30 Wami-cho)	(Morning) Mon-Sat: 9:30-11:30 (Afternoon) Mon, Tue, Thu, Fri: 14:30-16:30	
	Hayashi Orthopedic Surgery Internal Medicine Clinic (3-3-7 Nishi-machi)	(Morning) none (Afternoon) Mon-Fri: 13:30-16:30	
	Fujita Family Clinic (2-30 Mukai-machi)	(Morning) none (Afternoon) Mon, Tue, Thu, Fri: 14:00-17:00, Sat: 14:00-16:00	
	Matsui Internal Medicine Clinic (4-31 Ara-machi)	(Morning) none (Afternoon) Mon, Thu: 14:00-15:00	
	National Health Insurance Taro Clinic (1-1-3 Taro Sanno)	(Morning) Mon-Fri: 8:30-9:00, Sat: 8:30-11:30 (Afternoon) Mon-Fri: 13:30-14:00	
	National Health Insurance Niisato Clinic (1-116-9 Moichi)	(Morning) Sat: 9:00-10:00 (Afternoon) Mon-Fri: 15:00-15:30	
	National Health Insurance Kawai Clinic (2-169-5 Kawai)	(Morning) Mon-Fri: 8:30-10:30, Sat: 8:30-11:30 (Afternoon) Mon-Fri: 14:00-16:00	
	Iwate Prefectural Miyako Hospital (1-11-26 Sakikuwagasaki)	(Morning) none (Afternoon) Mon-Fri: 13:30-16:30	
	Reservation phone number of medical institution	Iwama Otolaryngology Clinic (2-2-3 Nishi-machi) 【TEL: 080-9514-8439】	(Morning) none (Afternoon) Mon, Tue, Wed, Fri: 15:00-16:00
Sanriku Hospital (1-6-36 Itaya) 【TEL: 0193-65-7373】		(Morning) Mon-Wed: 11:00-11:30 (Afternoon) none	Regular patients only
Reception of medical institution	Iwami Neurology Clinic (1-5-2 Ohdori)	(Morning) none (Morning) Wed: 13:30-14:30	Regular patients only
	Kanazawa Internal Medicine	(Morning) Tue, Thu: 8:30-9:30	Regular patients and

※ Please refrain from calling them because they are providing not only vaccination but also routine



Clinic (15-20 Sokei Oki)	(Morning) Tue, Thu: 14:00-15:00	their family only There is age restriction
Kizawa Clinic (5-80-12 Tsugaruishi)	(Morning) none	Regular patients only
	(Morning) Mon-Wed: 15:00-16:00	
Kizawa Internal Medicine Neurology Clinic (2-5 Sakae-cho, Kariya Building 5 th floor)	(Morning) none	Regular patients and their family only
	(Afternoon) Mon, Tue, Wed, Fri: 14:00-14:30	
Goto Urology Dermatology Clinic (1-3-24 Ohdori)	(Morning) none	Regular patients only
	(Afternoon) Tue, Thu, Fri: 14:00-16:00, Sat: 12:00-13:00	
Sato Masao Clinic (4-7 Hokuda)	(Morning) none	
	(Afternoon) Mon, Tue, Thu, Fri: 15:00-17:30	
Miyako Yamaguchi Hospital (5-3-20 Yamaguchi)	(Morning) none	Regular patients only
	(Afternoon) Mon, Wed: 14:00-15:00	

※You are encouraged to use public transportation due to limited number of the parking lots.

5 Precautions

(1) General matters

- COVID-19 vaccination is **not mandatory**. You must know the preventive effect on infectious disease and the risk of side effect, and then receive vaccine on your own will. Vaccine will never be given without your consent.
- If you are paralyzed and cannot sign the consent form, your family can sign on your behalf.
- If you would like to receive vaccine outside the city, please contact the consultation center below.

(2) Before receiving vaccine

- If your reservation date is no longer convenient for you, please contact the reservation center or medical institution where you made the reservation in order to cancel it.
- If you are currently being treated for some kind of illness, or if you are worried about vaccination due to your physical condition, **consult with your doctor before receiving vaccine**.

(3) On the day of your vaccination

- If you do not feel well or if you have an obvious fever, please refrain from receiving vaccine, and contact the reservation center or medical institution where you made the reservation in order to cancel it.
- Please wear clothes that make it easy to access **your shoulders**.
- In order to get the full effect of the vaccine, it is necessary to receive **two doses** of the same type of vaccine at a set interval. The reservation for the second dose will be made just after the first dose is given. **In case of the vaccine made by Pfizer, the second dose will be given 3 weeks after the first dose (on the same day, around the same time).**

- If you are to receive another vaccine before or after the COVID-19 vaccine, please allow at least 13 days between vaccines.



6 Consultation centers

(1) Reservation and cancellation of vaccination

Reservation center

0 1 9 - 6 0 6 - 8 0 5 3

Every day (including Saturdays, Sundays and public holidays), 9:30 a.m. - 6:30 p.m.

(2) General consultation about vaccination

Consultation center

0 1 9 3 - 6 8 - 9 1 0 0

Monday - Saturday (except for public holidays), 9:00 a.m. - 5 p.m.

(3) Detailed consultation (about the effect and side effects of vaccines, etc.)

Detailed consultation call center for COVID-19

0 1 2 0 - 8 9 5 - 6 7 0

Every day (including Saturdays, Sundays and public holidays), 9:00 a.m. - 9 p.m.